

ORIGINAL ARTICLE

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Effect of 5-(phenylselenenyl)acyclouridine, an inhibitor of uridine phosphorylase, on plasma concentration of uridine released from 2',3',5'-tri-*O*-acetyluridine, a prodrug of uridine: relevance to uridine rescue in chemotherapy

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Abstract *Purpose:* The purpose of this investigation was to study the effects of combining oral 5-(phenylselenenyl)acyclouridine (PSAU) with 2',3',5'-tri-*O*-acetyluridine (TAU) on the levels of plasma uridine in mice. PSAU is a new lipophilic and potent inhibitor of uridine phosphorylase (UrdPase, EC 2.4.2.3), the enzyme responsible for uridine catabolism. PSAU has 100% oral bioavailability and is a powerful enhancer of the bioavailability of oral uridine. TAU is a prodrug of uridine and a far superior source of uridine than uridine itself. *Methods:* Oral TAU was administered to mice alone or with PSAU. The plasma levels of uridine and its catabolites as well as PSAU were measured using HPLC and pharmacokinetic analysis was performed. *Results:* Oral administration of 2000 mg/kg TAU increased plasma uridine by over 250-fold with an area under the curve (AUC) of 754 $\mu\text{mol} \cdot \text{h/l}$. Coadministration of PSAU at 30 and 120 mg/kg with TAU further improved the bioavailability of plasma uridine resulting from the administration of TAU alone by 1.7- and 3.9-fold, respectively, and reduced the C_{max} and AUC of plasma uracil. *Conclusion:* The exceptional effectiveness of PSAU plus TAU in elevating and sustaining a high plasma uridine concentration could be useful in the management of medical disorders that are remedied by administration of uridine, as well as the rescue or

protection from host toxicities of various chemotherapeutic pyrimidine analogues.

Key words 5-(Phenylselenenyl)acyclouridine · Uridine phosphorylase · Inhibitor · Triacetyluridine · Chemotherapy

Abbreviations *AUC* area under the curve · C_0 plasma concentration at zero time · C_{max} peak plasma concentration · Cl_T total plasma clearance · *HPLC* high performance liquid chromatography · *HPMC* hydroxypropylmethylcellulose · *MRT* mean residence time · *PSAU* 5-(phenylselenenyl)acyclouridine · $t_{1/2}$ elimination half-life · *TAU* 2',3',5'-tri-*O*-acetyluridine · T_{max} time to peak plasma concentration · *UrdPase* uridine phosphorylase, EC 2.4.2.3 · V_{dss} volume of distribution at steady state

Introduction

The pyrimidine nucleoside uridine has been used successfully as a “protective” and/or “rescuing” agent against host toxicity of various anticancer drugs (e.g. 5-fluorouracil) [20, 21, 25, 32, 35, 37] and anti-AIDS drugs (e.g. 3'-azido-3'-deoxythymidine and 2',3'-dideoxycytidine) [19, 38, 39] without interfering with their chemotherapeutic efficacy. However, because of its rapid clearance [1, 2, 3, 23, 27, 39, 41, 42, 43, 44], it is necessary to administer substantial doses of uridine (10–12 g/m²) [23] to attain and sustain the high plasma uridine concentrations (70 μM) [26] required to achieve the protective or rescuing effect. Unfortunately, such large doses of uridine also produce dose-limiting side effects (e.g. phlebitis, pyrogenic reactions, high fever, cellulitis, diarrhea and superior vena cava syndrome) [4, 11, 33, 34, 41, 42, 43]. These side effects are not induced by uridine per se but by the accumulation of uridine catabolites [34]. The limited clinical utility of acute use of high-dose uridine regimens has led to the search for alternative approaches to increase uridine bioavailability.

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Uridine is present at constant concentrations (1–5 μM) in the plasma of various species [12, 27, 29]. However, the plasma half-life of uridine is approximately 2 min [12]. Hence, the turnover of the plasma uridine must be rapid and efficient. Indeed, more than 90% of the circulating uridine is catabolized in a single pass through the liver by the activity of hepatic uridine phosphorylase (UrdPase, EC 2.4.2.3), while constant amounts of uridine are synthesized de novo and released into the hepatic vein blood [7, 28]. Less than 2% of the uridine metabolized by the liver is salvaged and recovered in the uracil nucleotide pool in tissues of whole animals [5, 15, 16, 29], perfused rat liver [12, 27], and isolated liver cells [15]. The remainder is rapidly catabolized to products beyond uracil in the pyrimidine catabolic pathway [17, 28, 40].

Inhibition of uridine catabolism by UrdPase inhibitors has been used to increase the concentration and half-life of plasma uridine [1, 2, 6, 9, 26, 28, 34, 36, 40], and the salvage of uridine by various tissues [7, 8, 26, 34]. 2',3',5'-Tri-*O*-acetyluridine (TAU), a prodrug of uridine which is resistant to degradation by UrdPase [1], has also been shown to increase the concentration of plasma uridine in mice [1] and humans [18].

We have recently synthesized [13] and tested [2] 5-(phenylselenenyl)acyclouridine (PSAU) as a potent and specific inhibitor of UrdPase. PSAU was designed as a lipophilic inhibitor of UrdPase and as such its access to the liver and intestine, the main organs involved in uridine catabolism [12, 15, 16, 27, 28, 29], would be facilitated. PSAU is not metabolized, has 100% oral bioavailability, and is a powerful enhancer of the bioavailability of oral uridine [2]. In the present study we investigated the combined effect of PSAU and TAU on plasma uridine concentration.

Materials and methods

Chemicals

Heparinized Natelson pipettes, ammonium acetate, acetonitrile (HPLC grade), trichloroacetic acid, Gelman Acrodisc LC 13 PVDF 0.2- μm filters and ethyl ether (anesthetic grade) were obtained from Fisher Scientific (Pittsburgh, Pa.). TAU, tri-*n*-octylamine, freon (1,1,2-trichloro-trifluoroethane), hydroxypropylmethylcellulose (HPMC) and other chemicals were purchased from Sigma Chemical Company (St. Louis, Mo.). PSAU was synthesized as previously described [14].

Animals

Female CD-1 mice (18–20 g) were obtained from Charles River Laboratories (Wilmington, Mass.) and housed five per cage with water and food ad libitum under a normal light cycle (light 0600–1800 hours, dark 1800–0600 hours) according to an institutionally approved animal protocol.

Administration of drugs

TAU (alone or combined with PSAU) was mixed well with HPMC powder in hot water (80 °C) and homogenized thoroughly using a

polytron homogenizer (Brinkmann Instruments, Westbury, N.Y.). The final concentration of HPMC was 0.75%. The drug solution was vortexed well before and periodically during dosing. HPMC was preferred over the commonly used methylcellulose because the latter must be cooled to 10 °C for complete hydration [1, 2]. Drugs were administered (0.1 ml/10 g) using 18G intubation needles (Popper and Sons, New Hyde Park, N.Y.). Drugs were administered to groups of female CD-1 mice (five mice per group, 20–25 g). PSAU was administered at 30 and 120 mg/kg. In an previous investigation, we studied the effect of different doses of TAU on the pharmacokinetics of plasma uridine [1]. We found that the administration of 2000 mg/kg TAU produced the best desirable effect on elevating plasma uridine concentration. Therefore, in the present study TAU was administered at 2000 mg/kg alone and in combination with PSAU (30 and 120 mg/kg) to determine the effect of PSAU on the modulation of plasma uridine released from TAU. Control mice received the carrier solution (0.75% HPMC). To avoid a possible circadian variation in UrdPase and dihydrouracil dehydrogenase (EC 1.3.1.2) activities [10, 31], TAU and/or PSAU were administered at the same time (between 8:30 and 9:00 a.m.).

Collection of samples

At various times (5, 10, 15 and 30 min, and 1, 2, 3, 4, 6, 8, 12 and 24 h) after drug administration, 250 μl of whole blood was collected from the orbital sinuses from each of five mice (lightly anesthetized with ethyl ether) into heparinized Natelson pipettes and placed on ice [1]. The whole blood was then centrifuged (Fisher Microcentrifuge Model 235 A) at 12,400 rpm for 5 min and the plasma recovered and immediately stored at –20 °C until analysis by HPLC.

Preparation of samples

Plasma was allowed to thaw on ice and then was deproteinized with two volumes of 15% trichloroacetic acid. After centrifugation (16,000 g, 4 °C) for 5 min, using a Brinkmann Eppendorf Microcentrifuge, the supernatant acid-soluble material was neutralized by extraction with a 1:2 mixture of tri-*n*-octylamine in freon. The neutralized supernatant was filtered through a Gelman Acrodisc LC 13 PVDF 0.2- μm filter prior to HPLC analysis [1, 2]. Under these conditions, the concentration of uridine released from TAU was not changed by acid treatment or by freezing during storage for up to 2 weeks (the longest duration of storage employed).

HPLC analysis

Samples were analyzed by HPLC using a computer-controlled Hewlett Packard model 1050 liquid chromatography apparatus equipped with an autosampler, a quaternary pump, and a multiple wavelength diode array base three channel UV detector as previously described [1, 2].

Uracil and uridine were identified by UV absorption at μ_{max} /254 nm, (μ_{max} 259.5 and 262 nm, respectively) and coelution with authentic samples. Uracil, uridine TAU, and PSAU eluted at 13, 27, 47, and 47.5 min, respectively. The recovery of uracil and uridine was more than 98% [1]. The areas under the curve (AUC) for uracil and uridine in the samples were calculated by the on-line computer. The concentrations of uracil and uridine in the samples were determined using standard curves prepared in double-distilled water. Plots of AUC vs uracil, uridine and PSAU concentrations were linear between 1 and 5000 μM .

Pharmacokinetic analysis of plasma uridine, uracil and PSAU

The pharmacokinetic parameters of uridine, uracil and PSAU were estimated as previously described [1] by noncompartmental model-independent methods using the SIPHAR/BASE program [13]. The

Table 1 Effect of oral coadministration of different doses of PSAU with TAU at 2000 mg/kg on the pharmacokinetic parameters of plasma uridine and uracil in CD-1 mice. Values are mean \pm SD

	PSAU (mg/kg)	C_{\max} (μM)	Fold change (C_{\max}/C_0)	T_{\max} (h)	AUC ($\mu\text{mol} \cdot \text{h/l}$)
Uridine	0	507 \pm 298	252 \pm 22.3	0.41 \pm 0.22	754 \pm 355
	30	1200 \pm 329	484 \pm 128	0.41 \pm 0.00	1284 \pm 422
	120	1183 \pm 150	704 \pm 128	0.21 \pm 0.03	1217 \pm 222
Uracil	0	665 \pm 287	71.6 \pm 13.9	1.00 \pm 0.10	2115 \pm 39
	30	261 \pm 121	47.4 \pm 22.1	0.52 \pm 0.18	342 \pm 180
	120	78.1 \pm 29.2	19.4 \pm 6.4	0.17 \pm 0.21	111 \pm 36

AUC was estimated by the trapezoidal rule with extrapolation to time infinity using the terminal disposition slope (K) generated by a weighted nonlinear least-squares regression of an exponential fit of the data [24], with the weighted square factor set as the reciprocal of the calculated concentration squared. Elimination half-life ($t_{1/2}$) values of uridine and PSAU were calculated from $0.693/K$. The total plasma clearance (Cl_T) was calculated by dividing the administered dose by the AUC. The apparent volume of distribution at steady state (V_{dss}) was calculated as the product of Cl_T and the mean residence time (MRT) and normalized to the weight of the animals. The peak plasma concentration (C_{\max}) and time of peak plasma concentration (T_{\max}) values were estimated from the abscissa and ordinate, of the point with the highest ordinate on the computer-generated least squares curve depicting plasma concentration vs time. C_0 was the plasma concentration of endogenous uridine and uracil observed at zero time (0830 to 0900 hours). Relative bioavailability of uridine released from TAU was calculated from the AUC of plasma uridine resulting from oral administration of TAU expressed as a percentage the AUC of endogenous plasma uridine.

Results and discussion

The normal baseline concentrations (C_0) of plasma uridine and uracil at 8.30–9.00 a.m. in untreated CD-1 mice were relatively constant averaging 2.6 ± 0.7 and $7.4 \pm 1.0 \mu M$, respectively. This is in agreement with

previous studies [1, 2, 22]. Also, as reported previously [1], parenteral administration of 2000 mg/kg TAU increased the C_{\max} value of plasma uridine by 250-fold and that of uracil by 10-fold (Table 1, Fig. 1). The data in Table 1 show that the AUC for plasma uridine released from TAU ($754 \mu\text{mol} \cdot \text{h/l}$) was sevenfold higher than that reported for the administration of an equimolar concentration of oral uridine [1, 2]. The high efficiency of oral TAU in delivering uridine to the plasma is due to its structure. TAU, unlike uridine, is more lipophilic and hence absorbed from the gastrointestinal tract and reabsorbed from the renal tubules better than uridine. It is also resistant to catabolism by UrdPase [1]. Therefore, a large proportion of administered TAU is transported or diffused into the plasma unchanged and/or as mono- or diester uridine derivatives which act as depots. Thus, uridine is released by the action of plasma esterases over a longer period of time than when oral uridine is used [1]. Indeed, it has been shown that uridine released from oral TAU has a higher bioavailability (53%) than oral uridine (7%). Higher and sustained levels of plasma uridine have been also observed after administration of oral TAU than after uridine administration [1].

Fig. 1A,B Plasma concentration-time curves of (A) uridine and (B) uracil in CD-1 mice after oral administration of TAU (2000 mg/kg) alone and in combination with PSAU (30 and 120 mg/kg) mice at different time-points. Each point represents the mean from five mice

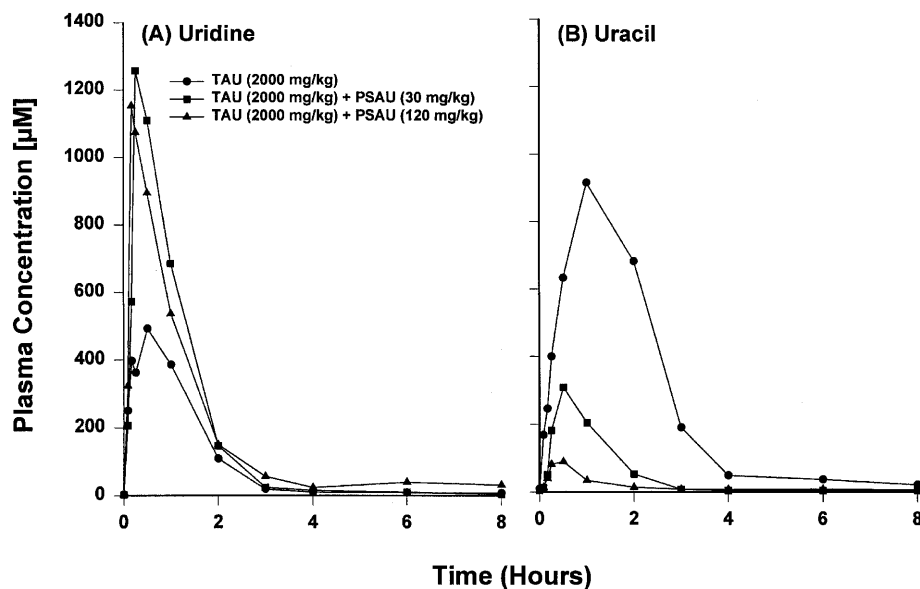


Table 2 The effect of coadministration triacetyluridine (TAU) on the pharmacokinetic parameters of plasma 5-(phenylselenenyl) acycloviridine (PSAU) in CD-1 mice. Values are means \pm SD from at least five mice at each time-point (C_{max} peak plasma

concentration, T_{max} time to peak plasma concentration, AUC area under the curve, Cl_T total plasma clearance, $t_{1/2}$ elimination half-life, V_{dss} volume of distribution at steady state, MRT mean residence time)

PSAU (mg/kg)	TAU (mg/kg)	C_{max} (μM)	T_{max} (h)	AUC ($\mu mol \cdot h/l$)	V_{dss} (l/kg)	MRT (h)	Cl_T (l/h/kg)	$t_{1/2}$ (h)
30	0	64.0 \pm 16.0	0.43 \pm 0.05	134 \pm 44.3	1.11 \pm 0.23	1.82 \pm 0.11	0.66 \pm 0.14	1.17 \pm 0.07
30	2000	37.0 \pm 13.7	0.50 \pm 0.21	73.0 \pm 16.3	1.22 \pm 0.13	1.40 \pm 0.10	1.22 \pm 0.25	0.78 \pm 0.17
120	0	218 \pm 60.2	0.76 \pm 0.10	458 \pm 204	0.61 \pm 0.13	1.54 \pm 0.21	0.83 \pm 0.26	0.55 \pm 0.08
120	2000	153 \pm 48.4	0.28 \pm 0.00	239 \pm 75.2	1.80 \pm 0.15	1.33 \pm 0.00	1.52 \pm 0.37	0.85 \pm 0.01

The marked increase (72-fold) in plasma uracil concentration following the administration of TAU (Table 1) could have been due to the saturation of uracil catabolism. The first and rate-limiting enzyme of uracil catabolism in the liver, dihydrouacil dehydrogenase, is a saturable enzyme and is inhibited by high concentrations of its substrate, uracil [30]. The degradation of large amounts of uridine, released from TAU by Urd-Pase, would increase uracil concentrations. When the uracil concentration reaches the critical saturating limit (about 75 μM), it inhibits dihydrouacil dehydrogenase [30] resulting in the rise in plasma uracil concentration observed after administration of TAU.

Coadministration of PSAU at 30 and 120 mg/kg with 2000 mg/kg TAU decreased plasma uracil C_{max} and AUC by 2.5- and 8.5-, and 6.2- and 19.1-fold, respectively, compared to the values observed with TAU alone (Table 1, Fig. 1). Coadministration of 30 mg/kg with 2000 mg/kg TAU increased the C_{max} of plasma uridine resulting from the administration of TAU alone (507 μM) to over 1200 μM and expanded the AUC of plasma uridine (754 $\mu mol \cdot h/l$) by 1.7-fold. Thus, coadministration of PSAU with TAU improved the relative bioavailability of uridine released from TAU (53%) [1] by 2-fold. The increase in the relative bioavailability of uridine released from TAU as a result of coadministration of PSAU was presumably due to inhibition of UrdPase as indicated by the increase in the AUC , C_{max} and C_{max}/C_0 of plasma uridine and the reduction in those of plasma uracil. However, increasing the dose of the coadministered PSAU from 30 to 120 mg/kg failed to improve the relative bioavailability of the uridine released from TAU above that achieved with the lower dose (30 mg/kg) of PSAU (Table 1). Similar results have been observed in monkeys [40] and humans [36].

The inability of higher doses of PSAU, when coadministered with TAU, to increase the bioavailability of uridine released from TAU is not due to a lack of available PSAU. The data shown in Table 2 and Fig. 2 demonstrate that increasing the dose of coadministered PSAU from 30 to 120 mg/kg still increased the C_{max} and AUC of plasma PSAU. Therefore, it is more likely that the effect of PSAU on increasing the bioavailability of uridine released from TAU may have reached a plateau at 30 mg/kg. Future studies using other combinations of lower doses of PSAU and TAU may prove beneficial in modulating plasma uridine bioavailability.

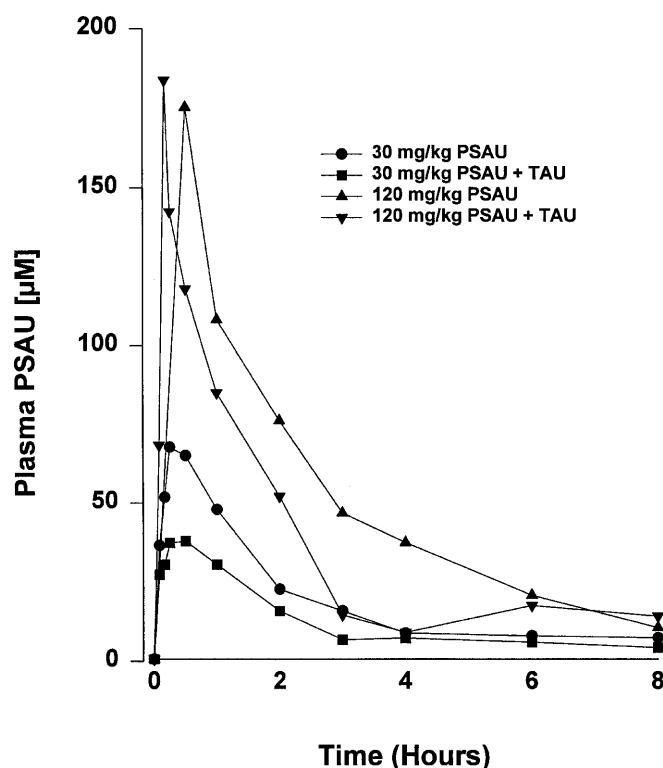


Fig. 2 Plasma concentration-time curves of PSAU after oral administration of PSAU at 30 and 120 mg/kg alone or in combination with TAU (2000 mg/kg) in CD-1 mice. Each point represents the mean from five mice

In conclusion, the combination of PSAU with TAU secured and maintained higher levels of plasma uridine than either alone. The high potency and excellent bioavailability (100%) make PSAU a promising and a convenient modulator of plasma uridine than the toxic massive doses of uridine used to rescue or protect from the host toxicities of certain anticancer and antiviral pyrimidine analogues.

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